#### **WELCOME!**

You are now part of one of the world's most exciting sports events. The Rio 2016 Paralympic Games Spectator Guide brings tips and important information to enable you to make the most of this great party. **Enjoy your reading!** 



# Football 7-a-mide

## GOLDEN TIPS

What you need to know to enjoy every single moment of the Rio 2016 Games

- Before leaving, **check out the latest information** about the Games on rio2016.com
- Do not forget your tickets and check the date. time and place of competitions on the website before leaving. Get more tickets on rio2016.com/en/tickets
- Check the weather forecast and prepare yourself accordingly
- Use public transport. It is not possible to park at the competition venues and their surroundings
- Plan your trip. Transport systems and competition venues will be crowded. It can take you a while to go back and forth!
- Arrive early: most venues open two hours before the competition gets underway. If the session has already started, you may have to wait for a break to enter. Check out this information at rio2016.com/en/venues
- You will go through a security check with X-ray equipment. Forbidden or restricted items will be collected and not returned. Check the complete list on rio2016.com/en/venues

- Avoid carrying bags to speed up your entrance. If necessary, choose the smaller ones that you can put on your lap or under the seat
- Identify children and other special cases with bracelets made available at the public information desks
- Look for the Rio 2016 team members wearing green - they are there to help you!
- It is forbidden to smoke at the competition **venues.** There are designated smoking areas. Get more information with the volunteers or at the public information desks
- This Guide has a map with the services available at the venues
- Within Rio 2016 venues, payments can only be made in cash or Visa debit, credit or pre-paid cards
- Download the official app on rio2016.com/en/app and stay tuned to everything that happens during the Games
- Bring your energy and support. Let's make it an unforgettable party!

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#### **LEARN MORE ABOUT RIO**

Nature, culture and gastronomy are permanent attractions in the city, which has been welcoming more and more tourists with open arms. The Olympic City is ready to welcome visitors arriving for the Rio 2016 Games and is preparing an amazing programme for the Live Sites installed at strategic locations in the city, where you can watch the Games broadcast and enjoy a vast cultural programme.

Go to the visit.rio portal and discover the wonders of Rio de Janeiro.

#### SUSTAINABILITY

Do your part and dispose of your rubbish appropriately. Use the coloured recycling collectors provided: they benefit recycling cooperatives, generating social inclusion and new businesses.

#### **ACCESSIBILITY**

Individuals with an impairment or reduced mobility, such as obese people, senior citizens, pregnant and breastfeeding women and people with small children are entitled to preferential service when accessing venues and on services offered to Games' spectators. Exclusive services intended for this audience are also available at all venues. Get more information with the volunteers or at the public information desks.

#### **FORMS OF PAYMENT**

**VISA** In recognition of its long-standing support to the Paralympic Games, only Visa cards (debit, credit or prepaid) and cash are accepted for purchases at Rio 2016 venues.

#### CONTACT US

An open channel to listen to you. Call centre: + 55 (21) 3004-2016\* rio2016.com/en/contact

\*Price of a local call if calling from Brazil.
Price of a call to Rio de Janeiro if calling from overseas.

Rio2016.

## UNDERSTANDING THE SPORT

#### **HOW IT ALL BEGAN**

Football 7-a-side, an adaptation of Olympic football for players with cerebral palsy and similar impairments (traumatic brain injury or stroke sequelae), debuted at the 1984 New York/Stoke Mandeville Paralympic Games and has been featured in all editions since.

#### **ABOUT THE COMPETITION**

There are many differences between Olympic and 7-a-side football. As the name says, there are only seven players on each team on the pitch – in addition to seven on the bench. There is no offside rule, and throw-ins can be completed with one hand, rolling the ball onto the playing field.

Matches last 60 minutes, divided into two 30-minute halves, with a 15-minute interval between them. Pitch measurements are smaller than those of Olympic football: 75m x 55m.

The players are ranked according to their degree of physical impairment. The scale ranges from 5 to 8 – the lower the class, the greater the limitation. Each team must have at least one class 5 or 6 athlete, and no more than one class 8 athlete on the pitch. Goalkeepers are usually class 5 or 6 players, since they are the most limited in terms of dexterity.

#### DID YOU KNOW?

Brazil won the bronze medal at the Sydney 2000 Paralympic Games and the silver at Athens 2004, but has never won a gold medal in 7-a-side football. The most successful country is the Netherlands, with three golds (Seoul 1988, Barcelona 1992 and Atlanta 1996), followed by Russia (Sydney 2000 and London 2012), and Ukraine (Athens 2004 and Beijing 2008).



#### PROGRAMME\*

SEPTEMBER			SESSIONS	
07	WED			
08	THU	10:00 11:15	14:00 17:30	19:00 20:15
09	FRI			
10	SAT	10:00 11:15	14:00 17:30	19:00 20:15
11	SUN			
12	MON	10:00 11:15	14:00 17:30	19:00 20:15
13	TUE			
14	WED	10:00 11:15	14:00 17:30	19:00 20:15
15	THU			
16	FRI		14:00 15:15	77:00 18:45
17	SAT			
18	SUN			

<sup>\*</sup> Information subject to change without prior notice.

#### **EVENTS**

M	Men's tournament
112 athle	tes

Male



Sessions with victory ceremonies are in bold.

## PLANNING YOUR TRIP

### **ARRIVING AT THE PARK**

Deodoro Stadium is located at Deodoro Olympic Park, confirming that the sporting experience offered by the event will be taken to the most diverse regions of the city. Check out how to get there:

TRAIN - SANTA CRUZ BRANCH > MAGALHÃES BASTOS STATION BRT - RECREIO X VILA MILITAR > MAGALHÃES BASTOS STATION 21min walk/1,500m

Accessible station - Magalhães Bastos train and BRT stations are accessible. Departing from these stations there is an accessible auxiliary shuttle service available for the convenience of people in wheelchairs or with reduced mobility. Learn more about public transport accessibility during the Games at visit.rio.

#### ATTENTION!

- Make sure you check the competition schedule and public transport stations
- Buy in advance the Cartão dos Jogos (transport card). Some stations are only available for transport card and ticket holders
- Learn more about Cartão dos Jogos and public transport at visit.rio
- Check the venue entry locations and pay attention to the signs at the stations
- After the competition, check the venue exits and public transport access signs
- Walking times are estimated based on the average speed of 1.2m/s

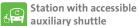


Entry and exit

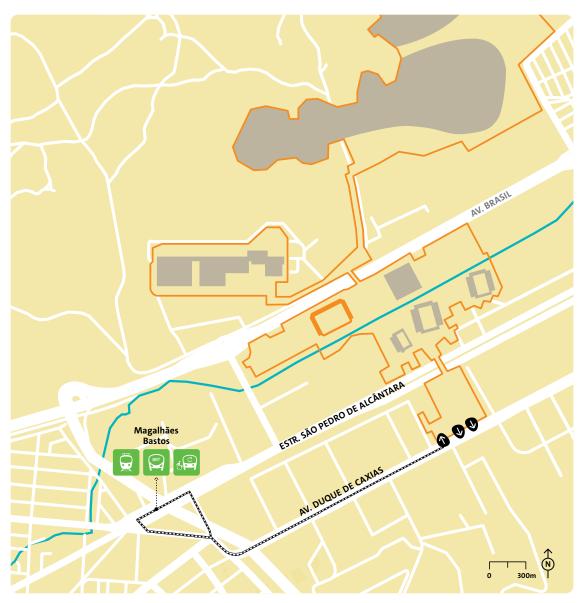
----- Spectator way











## DISCOVERING THE VENUE

Rio2016,11

















Accessible toilet

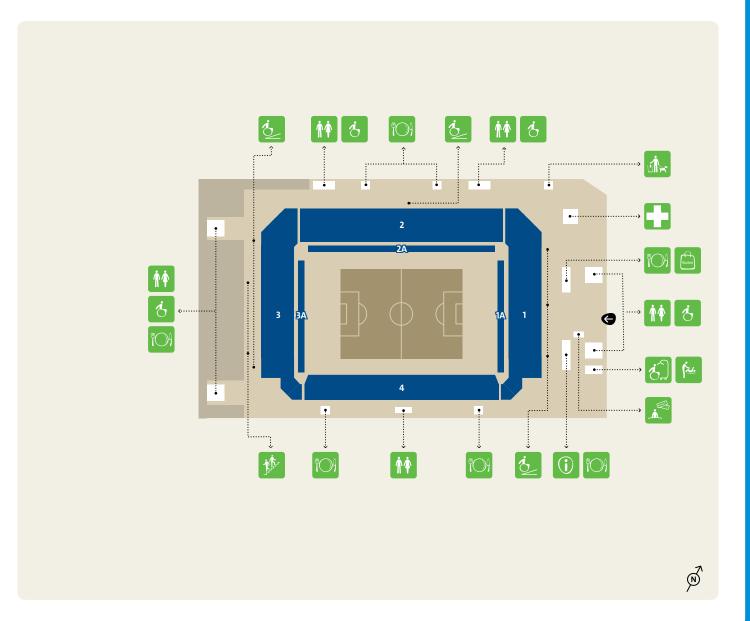
Extra accessible toilet

Baby changing

Dog relief area

Food and beverage

Rio 2016 Store





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